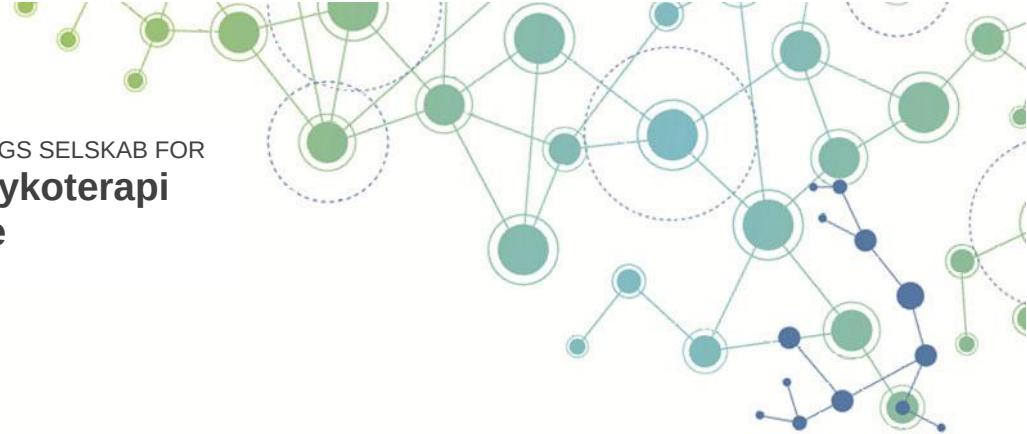




DSPBU og Psykoanalytisk Selskab (DPAS) har i fællesskab inviteret Alessandra Lemma til at holde foredrag i København lørdag d. 6. september 2025 kl. 10-12.

Arrangementet er åbent for psykologer, psykiatere, psykoanalytikere og studerende.

Alessandra Lemma er psykolog, psykoanalytiker og professor ved University College London. Hun er aktuelt tilknyttet Anna Freud Centret i London, var tidligere på Tavistock and Portman klinikken, hvor hun bl.a. specialiserede sig i at hjælpe transkønnede personer.

Alessandra Lemma modtog i 2022 The Sigourney Award for sine teoretiske og kliniske bidrag til at forstå bl.a. transkønnet identitet – og generelt for at bidrage til psykoanalytisk tænkning og arbejde verden over.

Alessandra Lemma har skrevet flere bøger, bl.a. "Under the Skin – A Psychoanalytic Study of Body Modification", "Transgender Identities", "The Digital Age on the Couch", "Minding the Body".

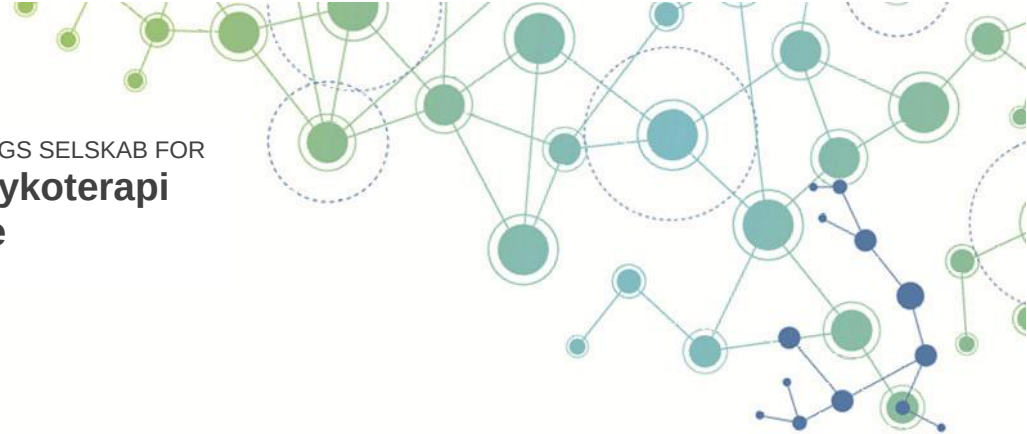
Dagens foredrag vil handle om følgende:

The Missing: Exploring the use of photographs in 'working through' the natal body with transgender youth

This paper focuses on how for some young people who identify as transgender, the anticipation, and/or the actual process, of transitioning represents a movement away from something in themselves that feels wrong, painful, or traumatic and that has not yet been consciously recognised as such. This becomes a 'missing' part of the self's experience, locked into the body. I suggest that the process of identifying and restitution of 'the missing' part requires working through the natal body in its metaphorical and literal senses, in the service of expanding autonomous choice about how to find a hospitable home in the body. Building on Money-Kyrle's three 'facts of life', I propose a fourth one, namely the inescapable fact of our embodied nature, to underscore that our personal history always includes our embodied history, hence the importance of working through what the natal body unconsciously represents. I describe the use of photographs



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during psychoanalytic psychotherapy with young people who have commenced social transitioning, to work through visual representations of the natal body in the service of facilitating the working through, in its psychoanalytic sense, of the natal body's unconscious narrative. I suggest that deploying this visual mode may be especially helpful in engaging young people on the autistic spectrum who nowadays comprise a significant minority of transgender young people.

Tilmelding:

For medlemmer af DSPBU: Tilmelding på www.dp.dk via MitDP. Ved problemer med tilmelding, er det muligt at rette henvendelse på mail til dspbu@dp-decentral.dk

For medlemmer af DPAS skal tilmelding ske til mail:
psykolog.charlotte.andersen@gmail.com.

Tilmeldingsfrist 20. august 2025. Medlemmer af DSPBU eller DPAS har fortrinsret til pladserne indtil 1. maj, hvorefter alle kan melde sig til.

For deltagere, som ikke er medlem af et af selskaberne, kan man melde sig ind i DSPBU for 200 kr. og deltage gratis i arrangementet. For psykiatere kan medlemskab oprettes ved at rette henvendelse på mail til dspbu@dp-decentral.dk

Pris: Arrangementet er gratis.

Sted: Trondhjemsvej 13, 2100 København Ø